

Career Resources

Sponsored by the U.S. Department of Labor, Career Workforce Centers offer an abundance of resources. The closest center is located at:

150 N. Main, Suite 100 Wichita, KS 67202-1323

Tel: 316-771-6800

The following services are available at this location: veterans' reps, employment reps, phones, free internet & resume writer access computers are on site. Representatives are available with an appointment. Full range of jobseeker and employer services. This office provides job interview referrals, job training information, career exploration, veterans' services, job search workshops, proficiency and aptitude testing. The office also has a career resource center and internet access.

Job Internet Links

www.job-hunt.org/jobs/kansas.shtml

Housing

The United States Department of Housing and Urban Development (HUD) is an excellent resource regarding housing needs. Either call **1-800-225-5342** or **1-800-569-4287** or go online to www.hud.gov.

FOOD

Wellington Food Bank 305 S Washington Ave Wellington, KS 67152

Tel: 620-326-5301

Food Pantry of Winfield 320 College St Winfield, KS 67156 Tel: 620-221-2183

Kansas Foodbank Warehouse Web Site: www.ksfoodbank.org

1919 E. Douglas Wichita, KS 67211 Tel: 316-265-4421

Angel Food Ministries

A non-profit, non-denominational organization dedicated to providing grocery relief and financial support to communities throughout the United States. Participants order high-quality food ahead of time and then pick up a box of food valued at approximately \$60 for the cost of \$30. There are no minimums, income restrictions, or applications; however, in order to participate in Angel Food Ministries in the State of Kansas participants must complete monthly community service.

There are over 11 sites in the Wichita area. For more information, call **1-877-FOOD-MINISTRY** (**1-877-366-3646**) or go online www.angelfoodministries.com

Utility Assistance

LIHEAP assists low income households with their immediate home energy needs including bill payment, energy crisis assistance, weatherization and energy-related home repairs. For more information:

Mr. Lewis A. Kimsey
Energy Assistance Director (LIEAP)
Social & Rehabilitation Services
915 SW Harrison, Suite 580
Topeka, Kansas 66612

Tel: (785) 296-0147 E-Mail: lewis.kimsey@srs.ks.gov www.srskansas.org/ISD/ees/lieap.htm Public Inquiries: 1-800-432-0043

Health Care

Foundation for Health Coverage Education

An online tool to ascertain where you stand as far as insurance options are concerned is offered by the Foundation for Health Coverage Education at www.coverageforall.org. This website offers a health coverage eligibility quiz that will help you determine which program, public and/or private, you qualify for as well as a guide to all the services your state offers and the ability to apply online for those programs. It also offers help over the phone, toll free, 24 hours a day, seven days a week, via the help hotline 1-800-234-1317.

Local Federally-Funded Health Centers

Care for you even if you have no health insurance. You pay what you can afford, based on your income. Specializing in caring for those who are uninsured and underinsured, Hunter Health Clinic is a non-profit Community Health Center in Wichita, Kansas. Hunter Health Clinic provides quality primary health care to all regardless of race, ethnicity, or ability to pay.

Central Clinic 2318 E. Central, Wichita, KS 67214 Tel: (316) 262-2415

Brookside Satellite 2760 S. Roosevelt, Wichita, KS 67210 Tel: (316) 652-0152

Inter-Faith Ministries Satellite 841 N. Broadway, Wichita, KS 67214 Tel: (316) 858-1151

For Children

Kansas has a federally-funded health insurance program for infants, children and teens. Kids that do not currently have health insurance are likely to be eligible, even if you are working. For more information, make a free call to **1-877-KIDS-NOW** or go online to www.insurekids.now

Medication

There are several ways to save on medication: comparison shopping, using generics, prescriptions by mail or via the internet, discount and state programs. The following is information for each:

www.CRBestBuyDrugs.org is Consumer Reports' Comparison Website

Pequot Pharmaceutical Network 1-800-342-5779, a mail service discount program designed for IAMAW members.

Union Plus offers a free discount drug card through Careington International Corporation. For more information, phone toll free at 1-877-570-4845 or go online www.unionplus.org/benefits/health/prescription_card.cfm

Target offers generics at a discounted rate – a 30 day supply for \$4 or 90 day supply for \$10

7575 Maple St Wichita, KS 67209 (316) 729-5348 2727 N Maize Rd Wichita, KS 67205 (316) 721-4289

PPARX was launched by America's pharmaceutical companies and is available to individuals without prescription coverage and who cannot afford medicine. The partnership will direct you to the public or private programs most likely to meet your needs, sometimes including help with insurance premiums and copays. For more information call **1-888-477-2669** or go online to www.pparx.org.

Other Assistance

The following agencies offer food, financial assistance, housing, counseling, health care, etc.

United Way

PO Box 47208
Wichita, KS 67201-7208
Tel: (316) 267-1321
www.unitedwayplains.org

Salvation Army

2151 W Dora WICHITA, KS 67213 Contact: Major James Mungai Tel: 316-943-9893 www.salarmy-mokan.org

Catholic Charities

2220 Central Ave Kansas City, KS 66102-4759 **Tel: 913-621-5255** www.catholiccharitiesks.org