

The excitement of learning  
separates youth from old age.  
As long as you are learning you're  
not old.

---Rosalyn Sussman Yalow,  
U.S. medical physicist

Old age is not a disease;  
it is a strength and survivorship,  
triumph over all kinds of vicissitudes  
and disappointments,  
trials and illnesses.

--Maggie Kuhn

U.S. activist and social worker

Old age is no place  
for sissies

---Bette Davis  
U.S. actress

Just remember,  
once you're over the hill,  
you begin to pick up speed.

---Charles Schulz  
U.S. cartoonist

Which of you is going to  
step up and  
put me out to pasture?

---John Wayne  
U.S. actor

You know you're getting old  
when the candles  
cost more than the cake.

---Bob Hope

U.S. comedian and actor

To get back my youth,  
I would do anything in the world,  
except take exercise,  
get up early, or be respectable.

---Oscar Wilde

Irish Wit, poet, and dramatist

Nobody grows old by merely  
living a number of years.

People grow old only by  
deserting their ideals.

Years may wrinkle the skin,  
but to give up interest  
wrinkles the soul.

---Douglas McArthur  
U.S. army general

You know you're getting old  
when all the names in your  
black book  
have M.D. after them

---Arnold Palmer

U.S. professional golfer

Be forever a student.  
He and he alone  
is an old man who feels that  
he has learnt enough and  
has no need  
for more knowledge.

---Sivananda

Indian physician and sage

The secret of staying young is  
to live honestly,  
eat slowly, and  
lie about your age.

---Lucille Ball  
U.S. actress

The secret of genius is to  
carry the spirit of the child  
into old age,  
which means never losing  
your enthusiasm.

---Aldous Huxley

English novelist and critic

I have long thought that the aging process could be slowed down if it had to work its way through Congress.

---George H.W. Bush  
U.S. president