





Being young shouldn't mean that you can be taken advantage of. Life is hard enough, you don't need some idiot boss making it tougher for you.

Every worker in the U.S. is given certain legal protections, such as:

A safe and healthy workplace.

- The right to help, if your boss doesn't comply with safety and health standards, or other employment laws.
- The right to protective equipment, if you are going to be around chemicals, moving parts, heat, or any other hazard.
- Information and training on any machinery or chemicals you will be working around.

DA SCOOP

From Dept. of Labor (DOL) fact sheet #43:

The federal government has established both hours and occupational standards for youth.; here are some of the important ones:

- **Kids of any age** are generally permitted to work for businesses entirely owned by their parents.
- **UNDER 18?** 16 and 17-year-olds can work for unlimited hours in any occupation.
- **UNDER 16?** You can not work in mining, manufacturing, or any other job that the Secretary of Labor has declared hazardous.
- **14 and 15-year olds** can work outside school hours in a variety of jobs for limited periods of time and under specified conditions.
- **UNDER 14? You are** basically limited to delivering newspapers, doing chores around private homes, casual baby-sitting, or acting.

Each state can create additional standards

Rights At Work A Guide for Teens

What YOU Don't Know Can Hurt YOU

Did You Know?

Every year 100,000 young people end up in an emergency room after getting hurt on the job, an additional 70 are killed; that is twice the rate for deaths and injuries of adult workers.

Nearly half of the deaths were in farming jobs, with the majority of those occurring on farms owned by their families.

In non-agricultural jobs, retail has the highest number of workplace deaths; with most of them due to assaults and violent acts.

The above information is from the National Institute of Occupational Safety and Health (NIOSH):

> http://www.cdc.gov/niosh/docs/ 2003-128/pdfs/2003128FS.pdf

> > and

http://www.cdc.gov/niosh/docs/ 2005-134/

PLUS...

The Occupational Safety and Health Authority (OSHA)

http://www.osha.gov/SLTC/teenworkers/ teenworkers.html



Don't be a statistic.

You are your best insurance against being hurt or killed on the job, and the most powerful weapon is information.

Know and follow safety guidelines

Ask about training

Ask about hazards

Know your rights

You have the right to refuse unsafe work tasks and conditions.

You have the right to file complaints with the DOL when you feel your rights have been violated or your safety has been jeopardized.

You are entitled to workers' compensation for a work-related injury or illness.

Know who to contact for answers

Want More info?

visit the links below (talk to a live person: 1-866-4-USWAGE)

U.S. Teens

http://www.osha.gov/SLTC/teenworkers/ rights.htm

www.youthrules.dol.gov

- http://socrates.berkeley.edu/~safejobs/
- http://www.myspace.com/internetraw
- http://youthforhumanrights.org/introduction/ index.html

Canadian Teens:

http://www.gov.mb.ca/labour/safety/youth.html http://www.ccohs.ca/youngworkers/

If you would like to download information (Spanish versions too!) visit these sites:

http://socrates.berkeley.edu/~safejobs/ downloads/index.html#resourcekit

http://www.osha.gov/dcsp/ compliance_assistance/index_hispanic.html

For Additional Information:

Contact the Wage and Hour Division office nearest you – listed in your telephone directory under United States Government, Labor Department.