

Career Resources

Sponsored by the U.S. Department of Labor, Career Workforce Centers offer an abundance of resources. The closest centers are located at:

| <u>Name</u> | Location |
|---|--|
| Missouri Career Center - St. Louis Central | 4811 Delmar Blvd. St. Louis, MO 63108-1732 314-877-0916 |
| St. Louis Agency on Training and Employment (SLATE) Career Center | 1017 Olive Street Suite 13 St. Louis, MO 63101-2019 314-589-8000 |
| Missouri Career Center - St. Louis County North Oaks | 26 North Oaks Plaza St. Louis, MO 63121 314-381-6700 |
| Missouri Career Center - St. Louis County Deercreek | 3256 Laclede Station Road Suite 103 Maplewood, MO 63143 314-877-0001 |
| Missouri Career Center - Florissant | 4040 Seven Hills Drive, Suite 166 Florissant, MO 63033-6767 314-877-3010 x231 |
| Missouri Career Center-St. Louis South County Service Center | 7545 South Lindbergh Blvd. Suite 140 St. Louis, MO 63125-4839 314-416-2917 |
| Missouri Career Center - Arnold | 3675 West Outer Road Suite 102 Arnold, MO 63010 636-287-8909 or 800-292-1314 |

There are a full range of jobseeker and employer services offered such as: veteran's representatives/services, employment representatives, phones, job interview referrals, job training information, job search workshops, career exploration, career resource centers, proficiency and aptitude testing, free internet & resume writer access computers on site. Representatives are available with an appointment.

For additional information and services in finding a new job or career, call 1-877-US2-JOBS (1-877-872-5627) or visit www.CareerOneStop.org

Job Internet Links

| State Job Bank | Web Site |
|----------------------------|--|
| Missouri Job Bank | https://www.missouricareersource.com/mcs/mcs/default.seek |
| National Job Banks | Web Site |
| America's Job Exchange | http://www.americasjobexchange.com |
| Careerbuilder.com | http://www.careerbuilder.com |
| EmploymentGuide.com | http://www.employmentguide.com |
| Federal Government Jobs | http://federalgovernmentjobs.us |
| Flipdog | http://www.flipdog.com |
| HireMeNow.com | http://www.hiremenow.com |
| Indeed | http://www.indeed.com |
| JOBcentral | http://www.jobcentral.com |
| Jobs.com | http://www.jobs.com |
| Monster.com | http://www.monster.com |
| USAJobs | http://www.usajobs.gov/ |
| Veterans Resources | Web Site |
| DoD Military Transportal | http://www.dodtransportal.dod.mil/dav/lsnmedia/LSN/dodtransportal/ |
| HireVetsFirst | http://www.hirevetsfirst.gov/ |
| Key To Career Success | http://www.careeronestop.org/MilitaryTransition/ |
| MilSpouse.Org | http://www.milspouse.org/ |
| TurboTap | http://www.turbotap.org |
| VetSuccess | http://www.vetsuccess.gov/ |

Missouri Unemployment Insurance Program Information

General Information about the Unemployment Insurance Program:

http://www.dolir.mo.gov/es/index.asp

To file a UI claim over the Internet click on:

https://www.ui.dolir.mo.gov/som

To file a claim by telephone number:

http://www.dolir.mo.gov/es/ui-benefits/filebytelephone.htm

Housing

The United States Department of Housing and Urban Development (HUD) is an excellent resource regarding housing issues. Either call **1-800-225-5342** or **1-800-569-4287** or go online to www.hud.gov.

FOOD

In St. Louis, there are literally hundreds of food pantries; for a list, go online to http://stlfoodbank.org/Missouri_Agencies.htm.

Health Care

Foundation for Health Coverage Education

An online tool to ascertain where you stand as far as insurance options are concerned is offered by the Foundation for Health Coverage Education at www.coverageforall.org. This website offers a health coverage eligibility quiz that will help you determine which program, public and/or private, you qualify for as well as a guide to all the services your state offers and the ability to apply online for those programs. It also offers help over the phone, toll free, 24 hours a day, seven days a week, via the help hotline 1-800-234-1317.

For Children

Missouri has a federally-funded health insurance program for infants, children and teens. Kids that do not currently have health insurance are likely to be eligible, even if you are working. For more information, make a free call to **1-877-KIDS-NOW** or go online to http://www.insurekidsnow.gov

Local Federally-Funded Health Centers

Care for you even if you have no health insurance and specialize in caring for those who are uninsured and underinsured. You pay what you can afford, based on your income.

CRIDER HEALTH CENTER, INC

300 Water St., Saint Charles, MO 63301-3480

636-332-6000

http://www.cridercenter.org

OASIS OF LOVE

1420 N. Emmons, Saint Charles, MO 63301

314-814-8595

http://www.gracehill.org

PEOPLE'S HEALTH CENTER

11642 W. Florissant Ave., Saint Louis, MO 63033-6723

314-367-7848

http://WWW.PHCENTERS.ORG

MYRTLE HILLIARD DAVIS COMPREHENSIVE HEALTH CENTER, INC.

5471 Dr. Martin Luther King Dr., Saint Louis, MO 63112-4265

314-367-5820

http://www.MHDCHC.ORG

PEOPLE'S HEALTH CENTERS, INC.

5701 Delmar Blvd., Saint Louis, MO 63112-2617

314-367-7848

http://WWW.PHCENTERS.ORG

GRACE AND PEACE

5574 Delmar Blvd., Saint Louis, MO 63112-3006

314-367-8959

http://www.gracehill.org

PEOPLE'S HEALTH CENTERS, INC

7200 Manchester Rd., Saint Louis, MO 63143-2403

314-367-7848

http://WWW.PHCENTERS.ORG

Medication

There are several ways to save on medication: comparison shopping, using generics, prescriptions by mail or via the internet, discount and state programs. The following is information for each:

www.CRBestBuyDrugs.org is Consumer Reports' Comparison Website

Pequot Pharmaceutical Network 1-800-342-5779, a mail service discount program designed for IAMAW members.

Union Plus offers a free discount drug card through Careington International Corporation. For more information, phone toll free at 1-877-570-4845 or go online www.unionplus.org/benefits/health/prescription_card.cfm

Target offers over 300 generic drugs at a discounted rate – a 30 day supply for \$4 or 90 day supply for \$10 – at the following locations:

3881 Mexico Rd

Saint Charles, MO 63303

(636) 922-0165

M-Fr: 8:00 a.m.-10:00 p.m.

Sa: 8:00 a.m.-10:00 p.m.

Su: 8:00 a.m.-9:00 p.m.

8007 W Florissant Ave

Jennings, MO 63136

(314) 513-0194

M-Fr: 8:00 a.m.-10:00 p.m.

Sa: 8:00 a.m.-10:00 p.m.

Su: 8:00 a.m.-9:00 p.m.

25 Brentwood Promenade Ct Brentwood, MO 63144

(314) 918-9500

M-Fr: 8:00 a.m.-10:00 p.m.

Sa: 8:00 a.m.-10:00 p.m. Su: 8:00 a.m.-9:00 p.m.

40 THF Blvd

Chesterfield, MO 63005

(636) 536-6207

M-Fr: 8:00 a.m.-10:00 p.m.

Sa: 8:00 a.m.-10:00 p.m.

Su: 8:00 a.m.-9:00 p.m.

1272 Town & Country Crossing Dr

Chesterfield, MO 63017

(636) 591-0234

M-Fr: 8:00 a.m.-10:00 p.m.

Sa: 8:00 a.m.-10:00 p.m.

Su: 8:00 a.m.-9:00 p.m

PPARX was launched by America's pharmaceutical companies and is available to individuals without prescription coverage and who cannot afford medicine. The partnership will direct you to the public or private programs most likely to meet your needs, sometimes including help with insurance premiums and copays. For more information call 1-888-477-2669 or go online to http://www.pparx.org/

Other Assistance

The following agencies offer food, financial assistance, housing, counseling, health care, etc.

United Way

The United Way of Missouri has a 211 program that offers hundreds of programs. Programs help with basic human needs such as food, shelter, utility assistance; physical and mental resources; work initiatives; and support for children youth and families. Dial 211 or go online http://www.211missouri.org/referrals.aspx for more information.

Salvation Army

The Salvation Army's internet address for the Midwestern states is http://www.usc.salvationarmy.org/usc/www_usc.nsf

Below is a list of locations and the services the Salvation Army provides:

St. Charles, MO Corps

2140 North Fourth ST. CHARLES, MO 63301

Contact: Captains Ronald and Laura Key

Tel: (636) 946-7966

Adult Program Services - Alcohol and Drug Treatment

Emergency Assistance - Emergency Shelter Housing/Residence Services - Emergency Shelter

St. Louis, MO Family Haven - A Community in Partnership Family Center

10740 West Page Avenue St. Louis, MO 63132 Contact: Kimberly Beck Tel: (314) 423-7770

Adult Program Services - Alcohol and Drug

Treatment

Domestic Violence Services - Domestic Violence

Services

Emergency Assistance - Emergency Shelter Family Counseling Services - Casework Services

Health Services - Detoxification Services

Housing/Residence Services - Emergency Shelter Housing/Residence Services - Transitional Housing Youth Services - Community Recreation Programs

Youth Services - Day Care

St. Louis, MO Harbor Light Center

3010 Washington Avenue Mail Box 1607, St. Louis, MO 63188-1607

St. Louis, MO 63108

Contact: Captains Jamie & Deborah Winkler

Tel: (314) 652-3310

Adult Program Services - Alcohol and Drug

Treatment

Correctional Services - Bible Study -

Correspondence

Emergency Assistance - Emergency Shelter Family Counseling Services - Casework

Services

Health Services - Clinics Services

Health Services - Detoxification Services

Housing/Residence Services - Emergency Shelter

St. Louis, MO Service Extension

1130 Hampton Avenue St. Louis, MO 63139 Contact: <u>Nancy Faulkner</u>

Tel: (314) 646-3000

Emergency Assistance - Emergency Financial

Assistance

Youth Services - Community Recreation

Programs

Catholic Charities

Catholic Charities agencies serve people of all faiths. They provide a wide range of services — housing, emergency services, health care, child care, and other critical services. For information on how you can get the help you need or to learn about local programs and services, volunteer opportunities, job openings, media contacts, and other information, please contact your local agency: Catholic Charities of St. Louis, 4532 Lindell Blvd, St. Louis, MO 63108-2002, phone (314) 367-5500 ext. 111, web site http://www.ccstl.org/



Worried about paying your bills?

Help for union members who are Union Plus credit card holders or Union Plus mortgage holders or UnionSecure insurance policyholders: job loss assistance, health care help, education assistance, credit & budget counseling and more.

Union Plus understands the problems some union members face — especially during the current financial crisis — and is the only labor-backed organization that has developed these innovative programs to give members the help they need.

Eligible union members can apply for Union SAFE grant money (which does not need to be repaid) — and access Union Plus benefits and advice — to help combat the problems in today's economy. Click on the link below for more information:

http://www.unionplus.org/life-planning-services-legal/member-assistance-programs/union-safe-grants-money-hardship-program