

BETTER THAN EVER

Your one-stop site for health and benefits got a major makeover

YourTracktoHealth.com



We've added a new look and features to **YourTracktoHealth.com** to make it simpler to access and manage your Railroad health and benefits online.

**YourTracktoHealth.com** will help get you on track

It's your trusted source for answers about:

- Your benefits and coverage — medical, pharmacy, vision, dental and life
  - During open enrollment, you can enroll in and/or change your benefit selections for 2017 through the site.
  - **New feature:** You can now conveniently add or delete dependents 24/7 anytime online.
- Health coaches to help you get healthier
- Cost estimator tools
- Health-risk assessments
- Tips for living healthy for you and your family
- And much more!

#### GET STARTED NOW!

1. Go to **YourTracktoHealth.com**.
2. Click "Register" in the upper-right-hand corner of your screen and complete the easy, step-by-step registration.

If you're already registered, log in using your username and password.

Be sure to bookmark the site so it's handy when you have questions or need help in the future.



Snap a picture of this code using the QR reader on your smartphone. It will take you directly to the site.



Your Track to Health is brought to you in partnership with your Railroad and Labor Union. Federal regulations and carrier rules may prohibit the use of phones or other mobile devices while on duty.

© Your Track to Health CCS16-0476