

A black silhouette of a person standing on a hill, leaning forward and reaching out to help another person who is climbing the hill. The background is a gradient from blue at the top to black at the bottom.

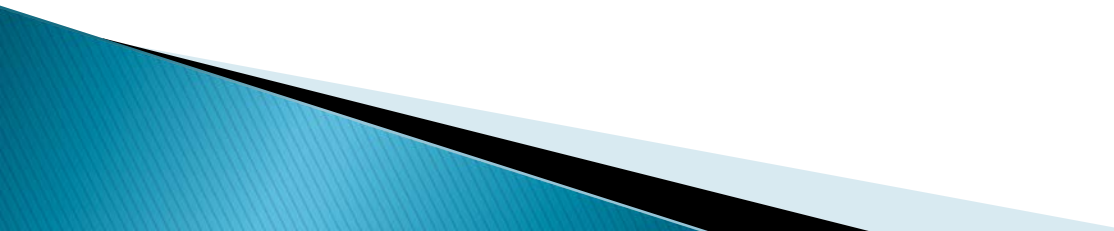
New EAP Number
301.335.0735

email – iameap@iamaw.org

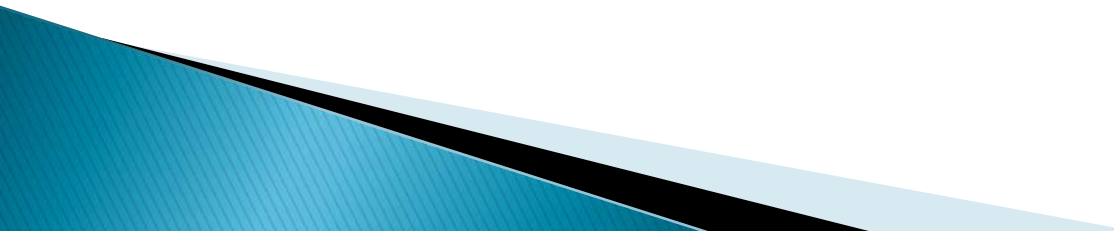
IAMAW Employee Assistance Program and Member Assistance Program

“Help our members at the front door before they exit through the back door.”

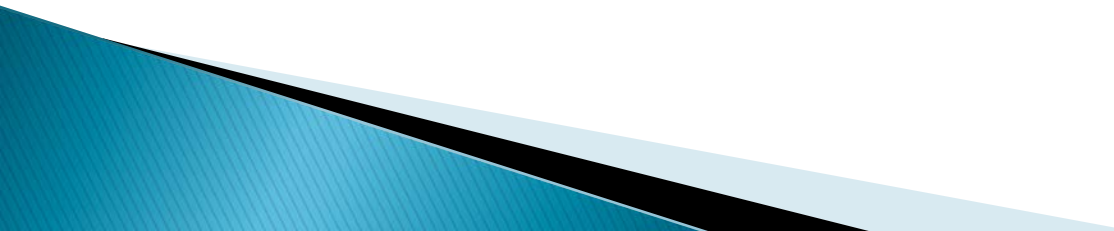
Mission

- ▶ **To address employee–related concerns that are vitally linked to job performance, job satisfaction, quality of work and life issues that adversely affect employees, our members’ and their families.**
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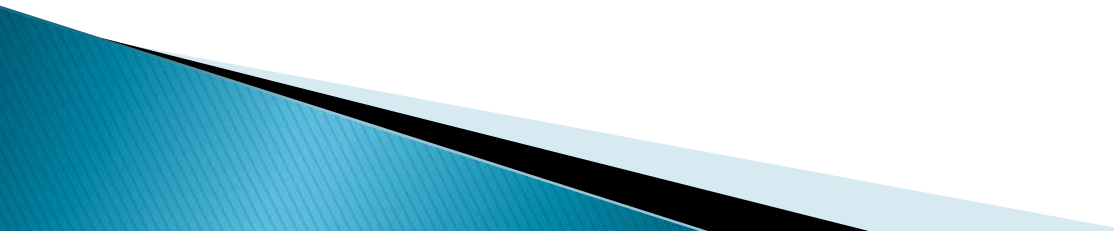
Objectives of the Program

- ▶ **To assist IAM members and employees in becoming proactive in solving problems affecting the quality of their work and personal lives. Common areas of concern include alcohol and/or drug addiction, depression, excessive debt, mental health disorders, gambling addiction, stress and violence.**
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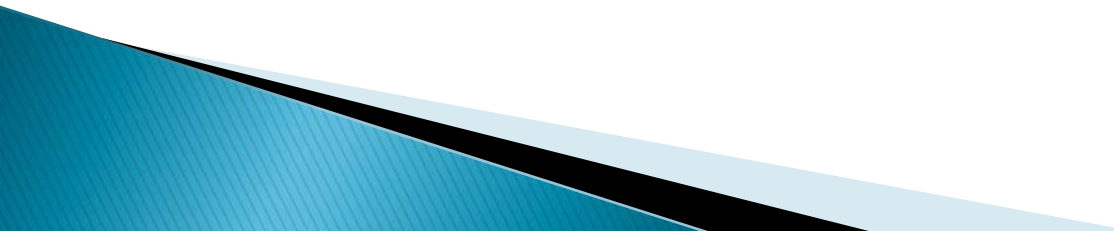
Broad Brush

- ▶ Depression
 - ▶ Stress
 - ▶ Alcohol and Drug Disorders
 - ▶ Excessive Debt
 - ▶ Mental Health Disorders
 - ▶ Addictive behavior
 - ▶ Violence
 - ▶ Multi-Disorders
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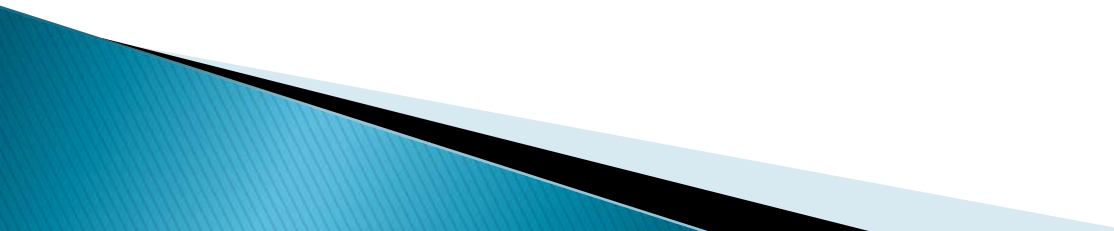
Key Points of Program

- ▶ Confidential ***
 - ▶ Work Through Denial
 - ▶ Refer to Professional
 - ▶ Monitor Treatments***
 - ▶ Monitor Aftercare
- 

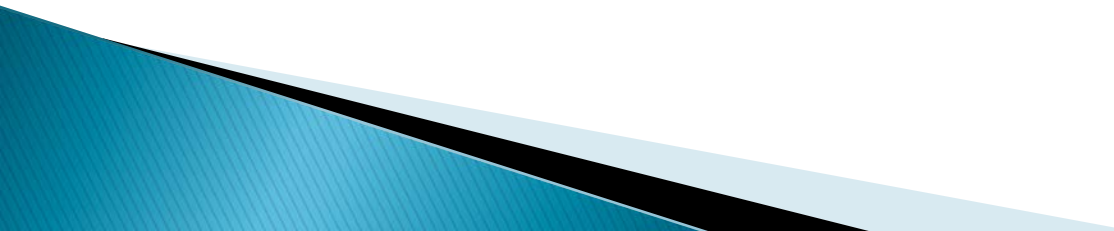
Who Benefits

- ▶ Employee/Member
 - ▶ Family
 - ▶ Co-workers
 - ▶ Employer
 - ▶ Communities
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Current Major Issues

- ▶ Alcohol
 - ▶ Opiates
 - ▶ Methamphetamine
 - ▶ Amphetamines
 - ▶ Benzodiazepines
 - ▶ Many Others
 - ▶ Marijuana
- 

Important Issues

- ▶ Many of the disorders/addictions are diseases
 - ▶ Focus is on health first. Family, job, and community will work out if the person is healthy.
 - ▶ In nearly all cases, the person must want to be healthy.
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Conclusion

- ▶ A True unionist is someone who is there for others.
 - ▶ Call if you need assistance or you are unsure
 - ▶ (301) 335 0735 for confidential assistance
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