



THE MACHINISTS Employee Assistance Program (EAP)

We're Here



24/7 Information & Support
All inquiries and services are confidential.

IAM - EAP National Helpline
301-335-0735

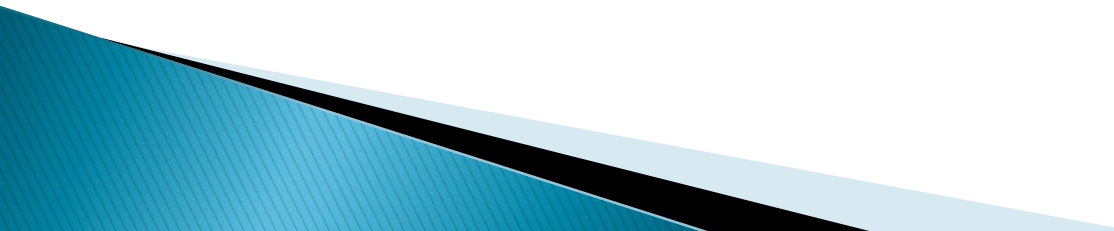
IAM Substance Abuse & Alcohol Addiction Helpline
888-250-4IAM (4426)

IAMAW Employee Assistance Program and Member Assistance Program

Mission

- ▶ To address employee-related concerns that are vitally linked to job performance, job satisfaction, quality of work and life issues that adversely affect employees, our members' and their families.

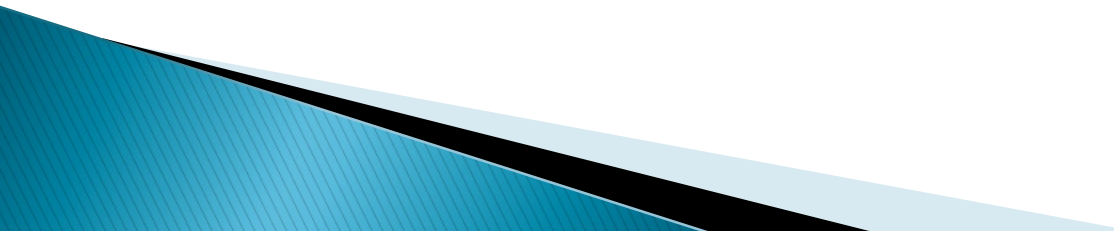
Objectives of the Program

- ▶ To assist IAM members and employees in becoming proactive in solving problems affecting the quality of their work and personal lives. Common areas of concern include alcohol and/or drug addiction, depression, excessive debt, mental health disorders, gambling addiction, stress and violence.
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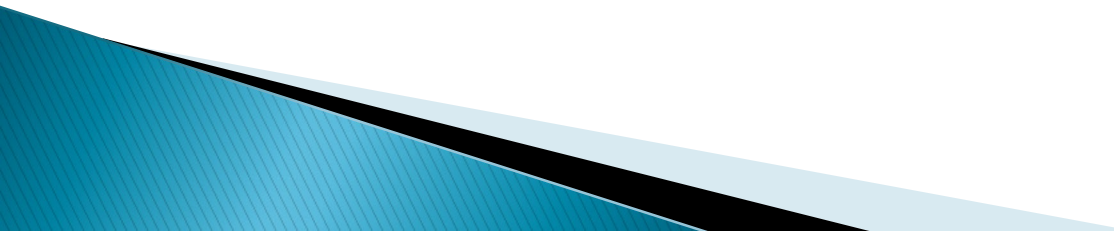
Our Goal

- ▶ To assist IAM Members & Employees in achieving a full balance of the [Eight Dimensions of Wellness](#) so they are able to resume and maintain quality of life and work functions.

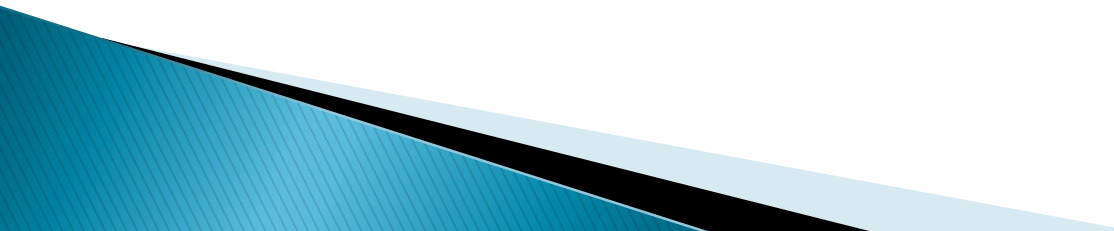
Broad Brush

- ▶ Depression
 - ▶ Stress
 - ▶ Alcohol and Drug Disorders
 - ▶ Excessive Debt
 - ▶ Mental Health Disorders
 - ▶ Addictive behavior
 - ▶ Violence
 - ▶ Multi-Disorders
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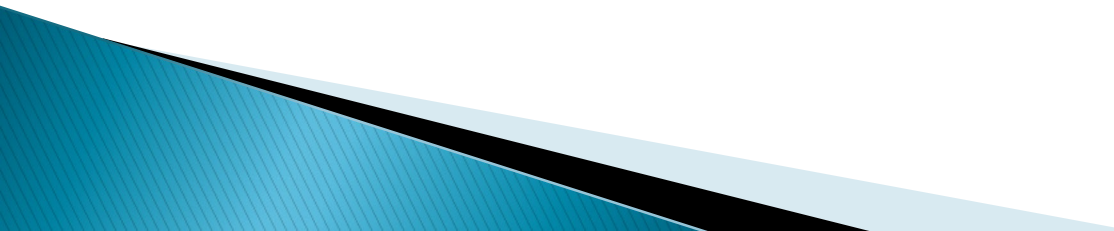
Key Points of Program

- ▶ Confidential ***
 - ▶ Work Through Denial
 - ▶ Refer to Professional
 - ▶ Monitor Treatments***
 - ▶ Monitor Aftercare
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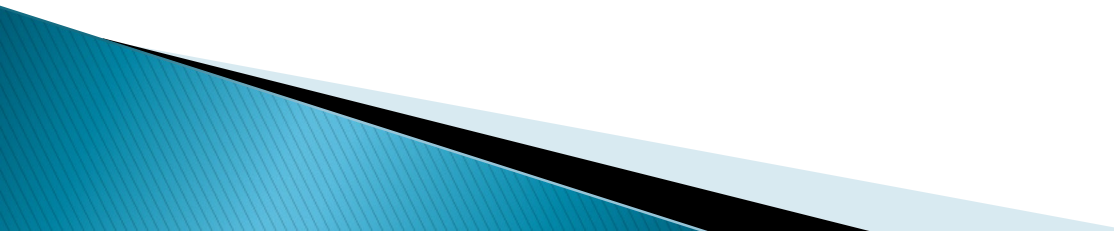
Who Benefits

- ▶ Employee/Member
 - ▶ Family
 - ▶ Co-workers
 - ▶ Employer
 - ▶ Communities
 - ▶ Everyone
- 

Current Major Issues

- ▶ Alcohol
 - ▶ Opiates
 - ▶ Fentanyl/ Carfentanil
 - ▶ Methamphetamine
 - ▶ Amphetamines
 - ▶ Benzodiazepines
 - ▶ Marijuana
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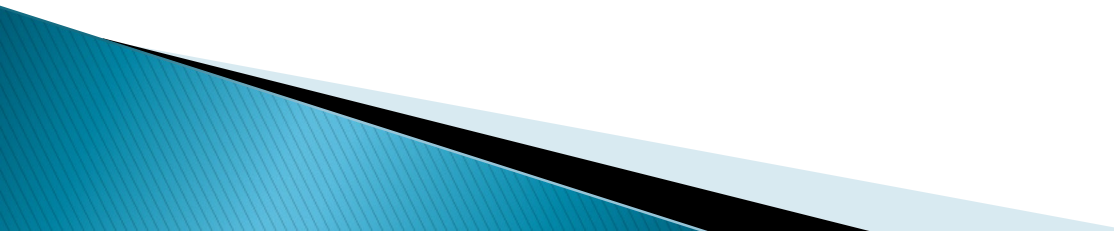
Important Issues

- ▶ Many of the disorders/addictions are diseases
 - ▶ Focus is on health first. Family, job, and community will work out if the person is healthy.
 - ▶ In nearly all cases, the person must want to be healthy.
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Conclusion

- ▶ A True unionist is someone who is there for others.

Call us if you need assistance or you are unsure.

- ▶ **IAM EAP Helpline: (301) 335-0735**
 - ▶ **IAM Addiction Services: (888) 250-4426**
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