

Assistance Available for IAM Local 1211 Members on Strike at Parker Lord

IAM members and families impacted by the strike can access free food assistance through the [Second Harvest Food Bank of Northwest Pennsylvania](#) (SHFB). Services are confidential and based on self-declared income, no documentation required.

How to Find Food Pantries Near You

1. Visit nwpafoodbank.org
2. Click the **“Find Food”** tab
3. Enter your **home address**
4. View nearby **food pantries, locations, dates, and times**

Income Information

- Members currently on strike should report income as **\$0.00**
- Include any **other household income** (spouse/adult family member, if applicable)
- **Household income limit:** \$5,000 per month
- Income is **self-declared**
- **No paystubs, W-2s, or proof required**

Produce Express & Mobile Food Distribution

SHFB also offers Produce Express, a mobile program providing fresh produce at scheduled locations.

How to Access the Schedule

1. Go to nwpafoodbank.org
2. Hover over **“Providing Food”**
3. Click **“Programs”**
4. Select **“Find out more about our Produce Express here”**

5. Click “**January 2026 Produce Express Schedule**”

The schedule will expand to show **mobile locations, dates, and times**.

Income Guidelines

- Report **\$0.00 income while on strike** (unless other household income applies)
- **\$5,000/month household income limit**
- **Self-declared income only, no verification required**

Union Plus Strike & Lockout Benefits

IAM members who participate in Union Plus programs also have access to [strike-related financial support programs](#) through Union Plus.

This page includes:

- Strike support benefits
- Financial assistance programs
- Hardship relief resources

[Check eligibility and apply directly online.](#)

IAM Employee Assistance Program (EAP)

IAM members and families can access confidential **support services** through the [IAM Employee Assistance Program](#).

Services may include:

- Counseling and emotional support
- Crisis help
- Referrals for additional community resources

Programs are confidential and available to members and eligible family members.

Medical & Healthcare Assistance

Erie, Pennsylvania

IAM Local 1211 members and their families impacted by the Parker Lord strike may be eligible for medical, prescription, mental health, and insurance assistance through union-affiliated programs and community resources.

Union Plus Medical & Hardship Assistance

IAM members who participate in [Union Plus programs](#) may qualify for healthcare-related support during a strike.

Available Support May Include:

- Medical bill negotiation assistance
- Prescription discount programs
- Hospital grants and hardship relief (eligibility varies)

Free & Low-Cost Medical Care in Erie

Remote Area Medical (RAM) – Free Clinics

Remote Area Medical provides free medical, dental, and vision services through pop-up clinics. No insurance, ID, or documentation is required. Services are first-come, first-served.

Services May Include:

- General medical care
- Dental services
- Vision exams and glasses
- Limited prescriptions

Location (when clinics are held):

Erie Center for Arts & Technology
650 East Ave, Erie, PA 16503

Clinic Information & Schedule:

<https://ramusa.org/events/>

RAM General Information Phone:

865-579-1530

Pennsylvania Medical Assistance (Medicaid)

Striking workers with reduced or zero income may qualify for Pennsylvania Medical Assistance (Medicaid), which can cover doctor visits, hospital care, prescriptions, and mental health services.

[Apply online here.](#)

Erie County Assistance Office:

1316 Holland Street
Erie, PA

Phone: 814-461-2000

Income eligibility is based on household size and income while on strike.

Mental Health & Crisis Support**[IAM Employee Assistance Program \(EAP\)](#)**

IAM members and their families have access to confidential counseling, emotional support, crisis assistance, and referrals.

Services are confidential and available to members and eligible family members.

[NAMI Erie County & Crisis Support](#)

NAMI Erie County PA

24/7 Crisis Support (Safe Harbor Behavioral Health):

- Phone: 814-456-2014
- Toll-Free: 1-800-300-9558

Help Finding Additional Medical Resources

2-1-1 Helpline

The [2-1-1 Helpline](#) provides free, confidential referrals to healthcare services, prescription help, insurance assistance, and mental health resources.

- Dial: 2-1-1
- Website: [211.org](#)

Available 24 hours a day.

You Are Not Alone: These resources are available to help IAM members and families through the strike with dignity and support. Please share this information with fellow members who may need it. **In solidarity, take care of yourself and your family.**